



Observational Research

We're observing, not experimenting

Most healthcare measures you once and never looks again. We follow up. Your screening today is recorded and followed over the years so we can learn what today's data means about your long-term health.

Enrollment in observational research is required for everyone who receives a Longevity Metrics health screening service. [View Consent Forms](#)

Four studies. One objective:

Preventive health services, available to everyone, everywhere — Healthcare that delivers health.

100-Year Human Aging Study

Seeks to understand what the clinical data we collect at your health screening today means about your long-term health, disease, disability, and death. Every screening measurement, followed for life.

clinicaltrials.gov/study/NCT07563777

Health Ahead Comparative Effectiveness Study

Moves the screening toward increasing automation and mobility while maintaining quality, so it can reach more people in more places.

clinicaltrials.gov/study/NCT07669168

Human Observatory Study

Seeks to understand how your environment impacts your health and the health of those around you. Collects sociodemographic and environmental data from where you live, and the conditions around you.

clinicaltrials.gov/study/NCT07646782

AI/ML Development Study

Builds AI models that score screening tests and predict screening results, clinical judgment, and future health. A physician reviews every model read. This automation will eventually make preventive health available to everyone, worldwide.

clinicaltrials.gov/study/NCT07808619

What Participation and Enrollment Actually Involve

- 1.** Perform a health screening service at Longevity Metrics.
- 2.** About once a year we email you to see how you are doing. You can opt out of these emails at any time.
- 3.** That's it. No extra tests, no drugs, no experiments.
- 4.** Follow up with your regular PCP, medical, therapy, and wellness teams.

Your data is protected

- We never sell or exploit the information that identifies you.
- Your results are yours, delivered in digital form.
- An independent **Ethics Board** oversees the observational research for safety and efficacy.
- ethics@longevitymetrics.org